

# Clevelandclinic.org/digestivedisease

natural fabrics, sensitive skin detergents and skipping the body fragrances altogether can help identify the right approach to treatment

[clevelandclinic.org/mychart](http://clevelandclinic.org/mychart)

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intakes of alcohol can suppress melatonin (a hormone that helps regulate sleep), interfere with restorative

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[www.clevelandclinic.org/healthplan/flu.htm](http://www.clevelandclinic.org/healthplan/flu.htm)

in fact, actual ancient chinese acupuncture was very similar to european blood letting practices of the time and the meridian points and pathways map reasonably well to veins.

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[my.clevelandclinic.org/staff\\_directory/default.aspx](http://my.clevelandclinic.org/staff_directory/default.aspx)

[http /www.clevelandclinic.org/getthere](http://www.clevelandclinic.org/getthere)

what they call 8220;alternative medicine8221; that8217;s been proved to work? medicine.8221;)

[www.clevelandclinic.org/healthplan/pebble.htm](http://www.clevelandclinic.org/healthplan/pebble.htm)